Traveling with Children
On a Room to Read Field Trip

Thank you for taking your family on a Room to Read field trip!

Traveling throughout Room to Read countries with children can be a challenging, yet rewarding experience. We created a list of tips based on other family visits to help your family have the best possible experience visiting our work.

Packing & Planning
❖ Pack snacks from home for long car rides and/or picky eaters
❖ Though we advise adults to wear modest clothing that cover the knees and shoulders, children are welcome to wear shorts
❖ Pack tissue paper and hand sanitizer for restroom stops during your visit
❖ Pack sunscreen as it can be harder to find in the countries where we work
❖ Pack games, books, or other entertainment for long car rides
❖ Encourage your kids to keep a journal during your trip and include some reflection time on the Room to Read field trip
❖ Look at some of our photos, read about our programs, and watch our videos as a family to help prepare you for what to expect
❖ Check out our educator resources online. There you'll find fun activities and resources to help prepare your kids for the trip including crafts, a mini travel journal and a list of reading and web-based resources to help your kids explore new places and cultures!

Interacting with Room to Read Communities
❖ Learn how to say Hello and other simple phrases in the local language
❖ Bring photos from home to show the students and help break the ice
❖ Be open to playing games, singing songs, and having fun with the students

After the Visit
❖ Talk with your kids about the experience.
  ◦ What similarities and differences did they see between their lives and the lives of the local students?
  ◦ What surprised them?
  ◦ How will they look at their lives and education differently after the visit?
❖ Want to inspire your kids to support the great work Room to Read is doing in the field? Head over to our Students Helping Students program website. We have fundraising activities for kids of every age plus informational materials for parents and teachers. Help inspire your kids to make the world around them a better place. Because, no matter how little they are, kids can make a big impact!