



Traveling with Children

On a Room to Read Field Trip

Thank you for taking your family on a Room to Read field trip!

Traveling throughout Room to Read countries with children can be a challenging, yet rewarding experience. We created a list of tips based on other family visits to help your family have the best possible experience visiting our work.

Packing & Planning

- ❖ Pack snacks from home for long car rides and/or picky eaters
- ❖ Though we advise adults to wear modest clothing that cover the knees and shoulders, children are welcome to wear shorts
- ❖ Pack tissue paper and hand sanitizer for restroom stops during your visit
- ❖ Pack sunscreen as it can be harder to find in the countries where we work
- ❖ Pack games, books, or other entertainment for long car rides
- ❖ Encourage your kids to keep a journal during your trip and include some reflection time on the Room to Read field trip
- ❖ Look at some of our photos, [read](#) about our programs, and watch our [videos](#) as a family to help prepare you for what to expect
- ❖ Check out our educator resources [online](#). There you'll find fun activities and resources to help prepare your kids for the trip including crafts, a mini travel journal and a list of reading and web-based resources to help your kids explore new places and cultures!

Interacting with Room to Read Communities

- ❖ Learn how to say Hello and other simple phrases in the local language
- ❖ Bring photos from home to show the students and help break the ice
- ❖ Be open to playing games, singing songs, and having fun with the students

After the Visit

- ❖ Talk with your kids about the experience.
 - What similarities and differences did they see between their lives and the lives of the local students?
 - What surprised them?
 - How will they look at their lives and education differently after the visit?
- ❖ Want to inspire your kids to support the great work Room to Read is doing in the field? Head over to our Students Helping Students program [website](#). We have fundraising activities for kids of every age plus informational materials for parents and teachers. Help inspire your kids to make the world around them a better place. Because, no matter how little they are, kids can make a big impact!